### SUPPLEMENTAL DOCUMENTS PORTFOLIO

(BOM 4-26-23)

1. SJS Year-to-Date (YTD) Budget -3/31/23 {Pgs. 1-6}

2. 2023-2024 SJS Meeting Dates Calendar {Pg. 7}

3. 2023-2024 SJS Holiday Calendar {Pg. 8}

- 4. 2023-2024 SJS Tentative Calendar of Events {Pgs. 9-22}
- 5. Articles of Interest
  - a. NFHS Voice: Article Emergency Planning, AED's Saving Lives in Nation's High Schools {Pgs. 23-26}
  - b. NFHS Voice: Article True Fans Unite to Promote Positive Behavior in High School Sports {Pgs. 27-29}

c. NFHS Release - NFHS, Other Sports Leaders to Address Officials Shortage at Second NFHS Officials Consortium

{Pgs. 30-33}

# SAC-JOAQUIN SECTION YTD BUDGET 2022-23

{Supplemental\_#1}

(3-31-23)



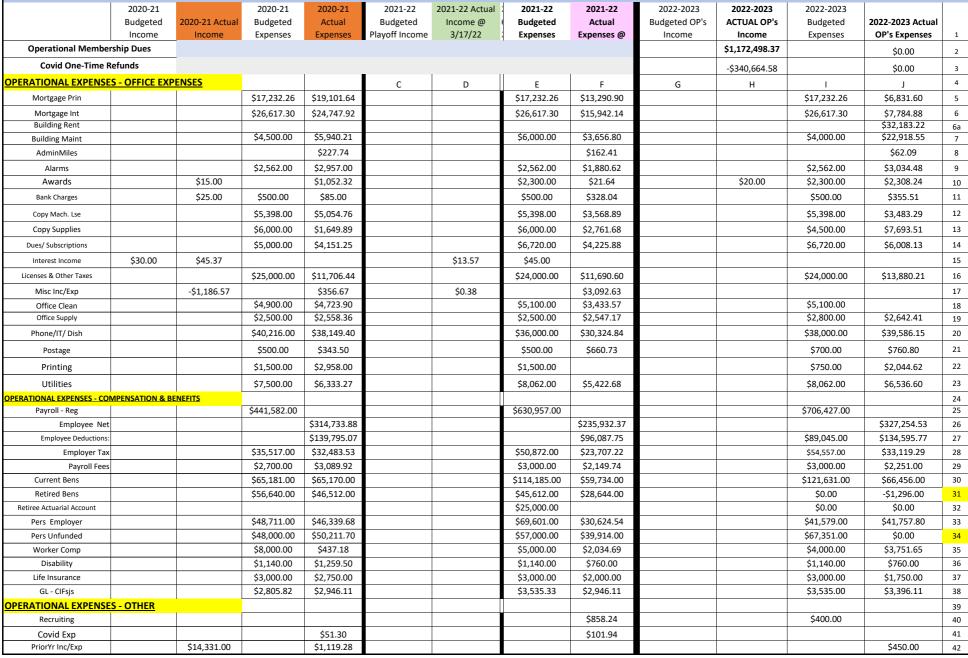


#### THE 2022-2023 CIF SAC-JOAQUIN SECTION YTD BUDGET @ 3/31/23

CIF SAC-JOAQUIN SECTION

1

#### **OPERATIONAL - OTHER OFFSETS - PROGRAMS & PLAYOFFS**



	2020-21		2020-21	2020-21	2021-22	2021-22 Actual	2021-22	2021-22	2022-2023		2022-2023		
	Budgeted	2020-21 Actual	Budgeted	Actual	Budgeted	Income @	Budgeted	Actual	Budgeted OP's		Budgeted	2022-2023 Actual	
	Income	Income	Expenses	Expenses	Playoff Income	3/17/22	Expenses	Expenses @	Income		Expenses	OP's Expenses	43
					C	D	E	F	G	Н	I	J	44
OPERATIONAL EXPENSES	S - PROFESSIO		¢10.000.00	¢12.012.20			645 000 00	60.004.05			Ć45 000 00	642 40C CE	45
Auditors			\$18,000.00	\$12,912.30			\$15,000.00	\$9,064.35			\$15,000.00	\$12,406.65	46
Consultants			\$30,000.00	\$2,450.00			<i></i>						47
Legal			\$1,000.00			4750.00	\$1,000.00	\$10.00		4450.00	<i></i>	4000.00	48
Appeals			\$500.00			\$750.00	\$500.00	\$146.17		\$450.00	\$1,000.00	\$290.00	49
Fines							4	4		\$100.00	\$500.00		50
D&O - Leagues					New Item		\$19,500.00	\$7,702.00			\$19,500.00	\$7,274.00	51
GL - Leagues					New Item		\$25,964.00	\$25,989.00			\$27,560.00		52
OPERATIONAL EXPENSES	<u>S - MEETINGS</u>	1											53
Admin/AD Summit			\$4,400.00				\$4,400.00	\$3,993.33		\$12,508.75	\$4,400.00	\$18,857.56	54
Administrative				\$81.03			\$0.00	\$776.98			\$250.00	\$15.25	55
Meeting: BOM			\$2,500.00	\$348.11			\$6,600.00	\$5,919.35			\$6,600.00	\$4,482.44	56
CSADA Mtg			\$5,000.00				\$2,500.00	\$3,168.67			\$3,500.00	\$446.10	57
Executive Cmte			\$1,200.00	\$220.83			\$900.00	\$508.52			\$900.00	\$1,214.49	58
Fed Council Mtg			\$1,000.00				\$1,000.00	\$18.21			\$1,000.00	\$1,505.55	59
New AD Mtg			\$300.00				\$250.00	\$1,553.23			\$2,000.00	\$1,859.56	60
NFHS Mtg					Location TBD		\$16,000.00				\$16,000.00		61
NFHS 7/8 Mtg			\$0.00				\$3,000.00	\$2,355.73			\$10,000.00	\$5,089.70	62
Playoff Mtg							\$400.00	\$166.52			\$400.00	\$330.25	63
ReAlign Mtg			\$3,000.00				\$0.00				\$5,000.00	\$15,720.45	64
Seeding Mtgs			\$1,600.00				\$1,600.00	\$873.49			Incl Playoffs	\$0.00	65
SJS League Commish							\$500.00				\$500.00	\$232.50	66
Media Day							\$100.00	\$208.28			\$200.00	\$71.83	67
Advise Cmte- All								\$57.06			\$500.00		68
State Commish			\$1,500.00				\$1,500.00	\$10.21			\$1,500.00	\$354.96	69
State FB Mtg			\$500.00				\$500.00						70
EVC Mtg							\$750.00				\$300.00		71
Officials Negotiation Mtg												\$1,173.10	72
Meeting Mileages											\$0.00	\$1,781.12	73
<b>OPERATIONAL EXPENSES</b>	<u>5 - MISC</u>												74
Merch - General Sales	\$4,000.00	\$1,222.67	\$4,500.00				\$2,500.00	\$2,887.57			\$2 <i>,</i> 500.00	\$5,089.40	75
Merch - Resale					\$5,000.00		\$2,750.00	\$77.28			See Line 113		76
Wrest Wands / Assessors			\$1,500.00	\$1,319.00			\$5,640.00	\$7,978.38			\$5,000.00	\$36,057.00	77
Rule Books	See Other In	come Section											78
TOTAL OPERATIONA	L INCOME &	EXPENSES S	UBTOTAL:						<u>\$1,166,496.56</u>	\$844,912.54	\$ <b>9</b> ,390,016.56	\$886,612.35	1
									(Budgeted)	ACTUAL	(Budgeted)	ACTUAL	79
OTHER INCOME/OFFSET	s	1	1										80
State Market	\$89,931.53	\$90,512.75			\$89,954.00	\$92,494.06			\$90,000.00	\$95,767.52			81
State Excess	<i>400,001.00</i>	<i>430,312.13</i>			çc <i>5,55</i> 4.00	\$22,610.00			\$90,000.00	\$22,394.08			82
Section Market	\$109,741.00	\$116,341.00		\$3,450.00	\$112,173.00	\$1,710.87		\$1,649.69	\$112,000.00	\$6,750.00	\$2,500.00	\$55.50	83
Section Excess	J103,741.00	÷110,341.00		,-,-U.UU	ΥTT2, 17 3.00	γ1,/10.0/		,0+3.03	Υ112,000.00	\$114,052.07	<i>γ</i> 2,300.00	J.J.	83
Uncategorized Income	Building Sale									\$485,245.03			84 84a
Ç.	\$12,000.00	\$3,260.00			\$16,521.00	\$12,245.00			\$13,000.00	\$485,245.03 \$48,290.00		\$5,450.00	4
Wrestling Weight Mgmt	. ,		617 200 00	626 642 46			¢21 E00 00	612.000.14			621 000 00		85
Rule Books	\$17,325.00	\$11,962.00	\$17,296.00	\$36,612.16	\$13,500.00	\$12,310.50	\$21,500.00	\$12,866.14	\$12,000.00	\$16,837.50	\$21,000.00	\$16,436.50	86
Interest Income	\$30.00	\$45.37	I			\$13.57	\$45.00		\$20.00	\$33.97			87
OTHER INCOME/OFF	SETS SUBTO	DTAL:							\$227,020.00	\$789,370.17	\$23,500.00	\$21,942.00	Ш

PROGRAM INCOME	AND EXPENS	SES (P & P)							(De deste St		(B. dasha 11 F		
									(Budgeted) Income	ACTUAL Income	(Budgeted) Expenses	ACTUAL Expense	
						Pete J Sa	aco Foundation	Games	\$33,500.00	\$42,104.00	\$36,000.00	\$20,003.00	87
							Hall of Fame		\$13,600.00	\$5,549.00	\$20,000.00	\$26,103.56	88
						N	/omen In Sports	5	\$0.00	\$0.00	\$0.00	\$0.00	89
						TOT	TAL PROGRAM	MS	\$47,100.00	\$47,653.00	\$56,000.00	\$46,106.56	Ш
									Programs Budgeted Net Profit/Loss	-\$8,900.00	Programs Actual Profit/Loss	\$1,546,44	90
			OPERA	TIONAL, OI	FFSETS & PRC	GRAMS INCO	OME & EXPEN	ISES TOTAL:	\$1,440,616.56	\$1,681,935.71	\$1,448,516.56	\$954,660.91	IV
									Ops, Offsets, Programs Budgeted Net Profit/Loss	-\$7,900.00	Ops, Offsets, Programs ACTUAL Net Profit/Loss	\$727,274.80	v
				CIF Sac Jo	_	FFS INF	-	Date @ 3/3	31/23				
	2020-21		2020-21	2020-21	2021-22	2021-22 Actual	2021-22	2021-22 Actual	2022-2023	2022-2023	2022-2023		
	Budgeted	2020-21 Actual	Budgeted	Actual	Budgeted	Income @	Budgeted	Actual Expenses @	Budgeted Playoff	Actual Playoff	Budgeted Playoff	2022-2023 Actual	
PLAYOFF SPORT	Income	Income	Expenses	Expenses	Playoff Income	3/17/22	Expenses	3/17/22	Income	Income	Expenses	Playoff Expenses	91a
PLAYOFF INCOME AN	D EXPENSES (I	P & P)			С	D	E	F	G	н	I	J	92
Badminton	\$360.00	\$0.00	\$198.00		\$350.00		\$365.00	\$231.56	\$360.00		\$360.00	\$440.02	93
Baseball	\$85,000.00	\$0.00	\$65,000.00		\$83,551.00		\$69,887.00	\$1,000.25	\$88,300.00		\$70,000.00	\$3,205.27	94
Basketball	\$334,000.00	\$0.00	\$182,000.00		\$278,000.00	\$298,468.20	\$125,000.00	\$144,036.26	\$375,000.00	\$288,930.00	\$240,000.00	\$156,297.14	95
Comp Cheer	\$14,730.00	\$0.00	\$4,000.00		\$9,500.00		\$4,200.00	\$916.86	\$9,500.00		\$4,200.00	\$1,600.44	96
Cross Country	\$39,500.00	\$0.00	\$31,000.00		\$36,648.00	\$32,590.00	\$33,308.00	\$24,343.55	\$35,000.00	\$34,540.00	\$24,000.00	\$32,588.07	97
Football	\$590,000.00	\$0.00	\$194,000.00		\$566,960.00	\$848,982.77	\$170,847.00	\$238,893.63	\$685,000.00	\$760,826.48	\$235,000.00	\$239,095.26	98
Golf-Girls Fall	\$4,725.00	\$0.00	\$5,800.00		\$4,700.00	\$6,000.00	\$5,800.00	\$6,629.32	\$6,000.00	\$6,300.00	\$6,500.00	\$6,344.58	99
Golf-Boys Spring	\$5,085.00	\$0.00	\$6,000.00		\$4,900.00		\$6,000.00	\$817.70	\$6,000.00		\$6,500.00	\$1,106.08	100
Soccer Winter	\$84,000.00	\$0.00	\$50,000.00		\$103,645.00	\$185,802.00	\$53,526.00	\$58,007.11	\$157,100.00	\$174,702.00	\$60,000.00	\$63,501.77	101
Soccer Fall	\$2,750.00	\$0.00	\$1,800.00		\$3,108.00	\$3,277.00	\$1,781.00	\$1,900.00	\$3,900.00	\$4,857.81	\$1,900.00	\$2,375.00	102
Soccer Spring	\$3,000.00	\$0.00	\$1,900.00		\$2,800.00		\$2,107.00		\$3,500.00		\$2,100.00	\$300.00	103
Softball	\$35,000.00	\$0.00	\$46,000.00		\$35,226.00		\$46,316.00	\$941.45	\$43,526.00		\$46,316.00	\$2,778.91	104
Swim/Dive	\$23,000.00	\$0.00	\$7,000.00		\$19,157.00		\$4,778.00	\$1,596.20	\$29,175.00		\$4,778.00	\$2,598.94	105
Tennis Fall	\$1,625.00	\$0.00	\$2,100.00		\$1,500.00	\$1,610.85	\$2,059.00	\$2,226.24	\$6,100.00	\$5,796.18	\$2,059.00	\$3,601.26	106
Tennis Spring	\$2,075.00	\$0.00	\$3,275.00		\$2,400.00	\$2,100.00	\$3,275.00	\$1,104.96	\$8,700.00		\$3,275.00	\$2,694.06	107
Track & Field	\$83,400.00	\$0.00	\$37,000.00		\$55,612.00	\$13,700.00	\$34,760.00	\$5,019.72	\$41,937.00		\$34,760.00	\$7,068.26	108
VB Fall - G	\$65,000.00	\$0.00	\$42,000.00		\$64,926.00	\$99,345.72	\$40,009.00	\$62,886.03	\$87,975.00	\$103,963.90	\$60,000.00	\$72,080.40	109
VB Spring - B	\$25,000.00	\$0.00	\$12,000.00		\$23,591.00		\$11,409.00	\$559.97	\$29,591.00		\$11,409.00	\$1,616.57	110
Water Polo	\$42,550.00	\$0.00	\$17,000.00		\$36,678.00	\$49,643.76	\$15,359.00	\$18,480.62	\$50,000.00	\$49,224.00	\$18,000.00	\$22,787.08	111
Wrestling	\$120,000.00	\$0.00	\$113,000.00		\$113,164.00	\$115,844.00	\$100,086.00	\$122,223.35	\$126,570.00	\$160,300.00	\$120,000.00	\$126,457.46	112
PlayoffGeneral Expenses		\$168.09		\$63.48		\$66,911.61		\$14,708.40		I		\$8,733.14	113
Seeding Meetings											\$1,000.00	\$695.39	114
Playoff Totals	\$1,560,800.00	<u>\$168.09</u>	\$821,073.00	<u>\$63.48</u>	\$1,446,416.00	\$1,724,275.91	\$730,872.00	\$706,523.18	\$1,793,234.00	\$1,589,440.37	\$952,157.00	\$757,965.10	VI
PLAYOFFS	20-21 Playof		\$104			f Net Income	<u>\$1,017</u> ,		Budgeted Playoff Net		Actual Playoff Net	\$831,475.27	115

	Budgeted	Actual	Budgeted	Actual	115a
"All" Operational, Offsets, Programs and Playoff Totals	\$3,233,850.56	\$3,271,376.08	\$2,400,673.56	\$1,712,626.01	VI
	Projected 2022-2023 "ALL" Net Profit/Loss	\$833,177.00	Actual Net "ALL" Profit/Loss	\$1,558,750.07	IX
CIF Sac Joaquin Section Year To Date 3/31/2023	Summary Note	es			11
DPERATIONAL NOTES					11
5 & 6= Building Sold November 2022					118
7 = \$16k Condensing and Blower Motor Replacement on one A/c unit					11
31 = Reminder that our Wachovia Retiree account reimburses our general fund each month for the Retiree amount of the hea	Ith insurance invoice.				120
34 = This year's unfunded liability in the amount of \$65,000.00 was prepaid prior to fiscal year end last year.					121
51 = Only 9 leagues have become nonprofit status and have D&O insurance being paid for by the Section					122
52 = Leagues General Liability Insurance for 2022-2023 was prepaid during last fiscal year = \$31,000.00					123
64 = ReAlignment Cost \$15,720.45 and was budgeted to cost \$5000.00					123
72 = Officials' Negotiations had no budgeted amount - Cost was \$1173.10					124
84a= Building Sale Net Proceeds - \$485,000.00.					
OTHER INCOME/OFFSETS NOTES:					12
II= Included in Other income at this time is the \$485k Building Sale Proceeds 84 = Section Excess includes direct deposit \$9500 from Foster Dairy? Also, includes GoFan Sponsorship and Merchandise Spon					12
84 = Section Excess includes direct deposit \$9500 from Foster Dairy? Also, includes GoFan Sponsorship and Merchandise Spon	isorsnip ș.				127
					120
PROGRAMS NOTES:					130
87 - Total with all GVB/Basketball/BVB Reporting is up on income side by approx \$9k					131
					133
					134
PLAYOFF NOTES:					135
See Individual Net/Profit and Loss Reports per Sport = Separate File					136
					137
IX All Totals					138
136 = Note that Building Sale Proceeds are reflected in this Total Net (\$485K)					139
	-				
		E.			
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	///				
5					

		CIFsjs's "	The ISA	DORE I	REVIEN	/ " AS OF 3,	/31/202	3		
А	В	С	D	E	F	G	Н	1	J	
Date	First Bank "OPS" 6881	First Bank Playoff 3403	First Bank "OPS" Savings Account	B of A Checking	B of A EIDL	Wachovia "Retiree" Money Market Account	Wachovia "Retiree" Investment Account	First Bank 60 Day CD (Maturity 1/28/23)	First Bank 60 Day CD (Maturity 6/2/23)	1
12/20/22	\$550,890.97	\$597,135.75	\$78,970.19	\$21,777.60	\$149,932.57	\$784,575.00	\$311,366.08	\$970,292.87	\$806,000.00	2
2/28/23	\$457,050.73	\$1,066,441.09	\$1,053,104.80	\$21,778.15	\$149,936.26	\$778,591.18	\$321,201.23	\$0.00	\$807,626.07	3
3/31/23	\$392,949.34	\$864,331.08	\$1,053,113.74	\$21,778.34	\$149,937.53	\$775,623.82	\$324,686.25	\$0.00	\$808,300.93	4
										5
3/31/23	Total of Colu	mns B,C,D,E,F	\$2 <b>,</b> 482,2	110.03		TOTAL SECUR	RED \$: (G-J)	\$1,908	,611.00	6
2/24/22			¢760.04							7
3/31/23 3/31/23		ME ACCOUNT	\$768.01 \$6,341.25							8 9
3/31/23			JU,J41.2J							10
										10
										11
			N	IOTES & T	HIS and TH	HAT				12
* Column	"I" CD Matured a	and we moved it t	o First Bank "OPS	S" Savings Acco	ount in prepara	tion for possible Buil	ding Purchase	?		13
		Maturing 6/2/23 uing small interes		of the Section	Bylaw Reserve,	Building Maintenand	ce Fund of \$50	k and the Covid	One Time	14
* Column '	"G" Wachovia "R	Retiree" Money M	arket provides \$3	3297 per mont	th as reimburse	ement to pay for the	Retiree Month	ly Health Insura	ince.	15
		vehicle/Van pur								16
		<i>i</i>	i							
				IF SAC-JO	AQUIN S	ECTION				
	E			$\sim$	الم وا					
									IJ	
				EXCELL	ENCE IN ATH	HLETICS				



COMMISSIONER MICHAEL S. GARRISON CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 (209) 334-5900 www.cifsis.org

{Supplemental #2}

#### DRAFI

#### **MEETINGS SCHEDULE FOR 2023-24**



#### **SJS BOARD OF MANAGERS**

#### FALL

October 3, 2023 (Tuesday) Wine & Roses Deadline for Sac-Joaquin Section Proposals - September 5, 2023

#### WINTER

January 30, 2024 (Tuesday) San-Joaquin County Office of Education Deadline for Sac-Joaquin Section Proposals - January 2, 2024

#### SPRING

April 2, 2024 (Tuesday) District 56 (Elk Grove) Deadline for Sac-Joaquin Section Proposals - March 5, 2024

#### **STATE FEDERATED COUNCIL**

FALL

October 6, 2023 (Friday)

WINTER February 1-2, 2024 (Thursday-Friday)

**SPRING** April 4-5, 2024 (Thursday-Friday) LAX-Renaissance

Long Beach Airport Marriott

TBD

#### SJS EXECUTIVE COMMITTEE

Thursday, August 24, 2023	Section Office
Thursday, September 28, 2023	Section Office
Thursday, November 16, 2023	Section Office
Thursday, January 25, 2024	Section Office

#### PRESIDENTS ADVISORY COUNCIL

Monday, September 18, 2023 Tuesday, January 16, 2024 Monday, March 18, 2024

Virtual Virtual Virtual

**OTHER MEETINGS** 

SJS Athletic Administrators Summit ("The Huddle") National Interscholastic Athletic Administrators Assoc. California State Athletic Directors Association National Federation High Schools - Summer Meeting

**APPROVED: EXERCUTIVE COMMITTEE: TBA** 

Thursday, March 21/28, 2024	Section Office
Thursday, May 16, 2024 (Tent)	Section Office
Thursday, June 13, 2024	Section Office

#### LEAGUE COMMISSIONERS

Tuesday, August 8, 2023	Section Office
Tuesday, January 16, 2024	Section Office
Tuesday, March 19, 2024	Section Office

Monday, October 16, 2023	Hilton, Sac
Fri., Dec. 15 - Tues. Dec. 19, 2023	Orlando, FL
Thur. Apr. 11 - Sun. Apr. 14, 2024	San Diego
Fri. June 28 - Tues. July 2, 2024	Boston

PRESIDENT **CLARENCE ISADORE** Itinerant Principal Fairfield-Suisan Unified School District 2490 Hilborn Road Fairfield, CA 94534 (707) 399-5000



COMMISSIONER **MICHAEL S. GARRISON** CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 (209) 334-5900 www.cifsjs.org

{Supplemental\_#3}

### SAC-JOAQUIN SECTION OFFICE

#### **HOLIDAY SCHEDULE 2023-24**

(Dates Section Office will be Closed)

#### <u>DAY</u>

MONDAY FRIDAY THURSDAY MONDAY TUESDAY-FRIDAY MONDAY FRIDAY MONDAY MONDAY THURSDAY-FRIDAY

#### <u>DATE</u>

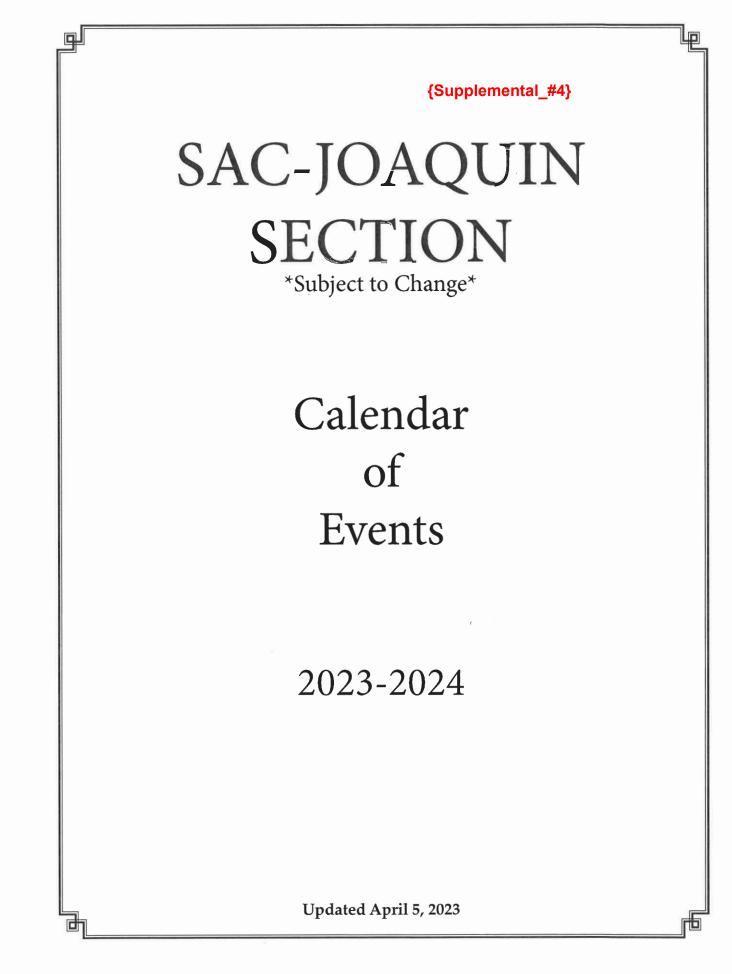
SEPTEMBER 4 NOVEMBER 10 (Observed) NOVEMBER 23 DECEMBER 25 DECEMBER 26-29 JANUARY 1 JANUARY 15 MARCH 29 APRIL 1 (Observed) MAY 27 JULY 4-5

#### <u>HOLIDAY</u>

LABOR DAY VETERAN'S DAY THANKSGIVING CHRISTMAS WINTER BREAK NEW YEAR'S DAY MARTIN LUTHER KING DAY GOOD FRIDAY/EASTER CESAR CHAVEZ DAY MEMORIAL DAY INDEPENDENCE DAY

 \* CALIFORNIA OR NATIONAL HOLIDAY THAT WILL BE OBSERVED IN DECEMBER 2023.
MONDAY OCTOBER 9 INDIGENOUS PEOPLES DAY FRIDAY NOVEMBER 24 THANKSGIVING MONDAY FEBRUARY 19 PRESIDENTS DAY

# NATIONAL HOLIDAY OBSERVED IN CONJUNCTION WITH INDEPENDENCE DAY (JULY 5<sup>th</sup>) MONDAY JUNE 19 JUNETEENTH



		JŢ	JULY 2023	3		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
Week 1	SJS Office Closed Football Preseason Dead Period Begins	4th of July SJS Office Closed				
2	3	4	5	9	7	8
Week 2	Fall Sports Dead Period Begins (except for football and water polo)				a.	
6	10	11	12	13	14	15
Week 3						
16	17	18	19	20	21	22
Week 4	FOOTBALL PRACTICE STARTS Water Polo Dead Period Begins		New AD Work Day Location TBD			
- 23	24	25	- 26	27	28	29
	FALL SPORTS PRACTICE STARTS (except for football and water polo)					
30	31					

			· HOLLO			
		AU	UGUST 2023	023		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 5			New AD Workshop #1			
		1	2	3	4	5
Week 6		League Commissioners Mtg. Section Office - 10 a.m.			FALL SPORTS FIRST SCRIMMAGE (except for Water Polo)	
6	7	8	6	10	11	12
Week 7	Water Polo Practice Begins			MEDIA DAY Frosh Football First Contest	FIRST FALL SPORT CONTEST (except for Water Polo) Water Polo First Scrimmage	
13	14	15	16	17	 18	19
Week 8	FOUNDATION GIRLS VOLLEYBALL GAMES			Executive Committee Meeting Section Office - 10 a.m.	FIRST WATER POLO CONTEST	
20	21	22	23	24	25	26
Week 9			New AD Workshop #2			
27	28	29	30	31		

		SEPT	TEMBER 2023	2023		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 9						7
Week 10	LABOR DAY SJS Office Closed	State Commissic BOM Items Due	State Commissioners Committee BOM Items Due	Playoff Committee Mtg. Section Office 10:00a.m.		
3	4	IJ	9	7	8	6
Week 11		BC	BOM MATERIALS OUT			
10	11	12	AD TIER II #1 Workshop 13	14	15	16
Week 12	Presidents Advisory Council Mtg. 1:30pm (Virtual)					
NF	NFHS Section 7/8 Meetings	ngs				
17	18	19	20	21	22	23
Week 13			New AD Workshop #3	Executive Committee Meeting Section Office - 10 a.m.		
24	25	26	27	28	29	30

		OCI	CTOBER 2023	2023		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 14	Economic Viability Committee Meeting (Virtual)	CIF SJS Board of Managers			CIF State Federated Council	
1	2	'n	4	IJ	9	7
Week 15 8	WINTER SPORTS DEAD PERIOD BEGINS Indigenous People Day* Holiday Observed at Christmas SJS Office Closed 9	WOMEN IN SPORTS CONFERENCE 10	11	12	13	14
Week 16 15	ATHLETIC ADMINISTRATORS SUMMIT 16	17	Last Contest Day for Girls Golf 18	Last Contest Day for Flag Football, Girls Volleyball and D7 Boys Soccer 19	SEEDING FOR: Flag Football Girls Volleyball D7 Boys Soccer 20	21
Week 17 22	DIVISIONAL GIRLS GOLF Girls Volley 23	AL GIRLS LF D7 Boys Soccer Playoffs Girls Volleyball Playoffs 23 24	New AD Workshop #4 Last Day for Water Polo League Contest	Flag Football Playoffs Girls Volleyball Playoffs D7 Boys Soccer Playoffs Water Polo Seeding Last Day for Team Tennis League Contest 26	Last Day for Individual Tennis League Contest Girls Team Tennis Seeding 27	Last Day for Football & Cross Country Contests D7 Boys Soccer Finals 28
Week 18 Football Seeding Meeting 29	MASTERS GIRLS GOLF Girls Team Tennis Playoffs WINTER SPORTS PRACTICE STARTS 30	Girls VB Playoffs Water Polo Playoffs 31				

		NON	VEMBER 2023	2023		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 18			Girls Team Tennis Playoffs Water Polo Playoffs Flag Football Semis	Girls Ind. Team Tennis & Water Polo Playoffs Girls VB Championship Breakfast D1, D2 Ind.	n Tennis & Fall Academic Champions Due Playoffs Football Playoffs mpionship Water Polo Playoffs ast D1, D2 Ind. Girls Tennis	GIRLS VOLLEYBALL FINALS FLAG FOOTBALL FINALS Cross Country Subsection
Week 19	Girls Team Tennis		1 AD TIER II #2	2	3 Football Playoffs	4
	SemiFinals		Workshop		WINTER SPORTS FIRST	WATER POLO FINALS
		Girls Tennis Team Finals	Finals		SCRIMMAGE	CROSS COUNTRY SECTION FINALS
		Water Polo SemiFinals	SemiFinals		VETERAN'S DAY OBSERVED SIS Office Closed	
5	NorCal Girls Golf 6	NorCal GVB 7	NorCal GVB 8	NorCal GVB 9	10	NorCal GVB 11
Week 20			STATE GIRLS GOLF FOUNDATION BASKETBALL	Executive Committee Meeting Section Office - 10 a.m.	FIRST WINTER SPORTS CONTEST Football Playoffs STATE GIRLS VOLLEYBALL FINALS	LEYBALL FINALS
		NorCal Girls Volleyball NorCal Water Polo	GAMES	NorCal Water Polo	NorCal Girls Tennis	NorCal Water Polo NorCal Girls Tennis
12	13	14	15	16	17	18
Week 21	FOOTBALL CHAMPIONSHIP BREAKFAST			THANKSGIVING SJS Office Closed	STATE CRC FOOTBALL FINALS	STATE CROSS COUNTRY
19	20	21	22	23	*HOLIDAY OBSERVED AT CHRISTMAS 24	25
Week 22						
26	27	28	29	30		

		DECI	CEMBER 2023	2023		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 22					NorCal Football	NorCal Football
Week 23			New AD Workshop #5		STATE FOOTBAL	STATE FOOTBALL BOWL GAMES
ŝ	4	υ	ę	7	8	6
Week 24	=	-	<u>(</u>	4	ر ۲	<u>ب</u> ۲
Week 25			Superintendent Advisory Meeting 10:00am (Section Office)	4	3	
17 Week 26	18	19	20	21	22	23
CHRISTMAS EVE	Christimas Day OFFICE CLOSED		* HOLIDAYS OB	HOLIDAYS OBSERVED HERE		
24	25	26	27	28	29	30
31						

		JAN	ANUARY 2024	2024		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 27						
	New Year's Day Office Closed	BOM Items Due				
	1	2	3	4	5	6
Week 28			BOM MATERIALS	OUT		
	Ŷ					
		State Commissic	State Commissioners Committee			
7	8	6	10	11	12	13
Week 29	Martin Luther King, Jr. Day SJS Office Closed	Presidents Advisory Council Meeting 1:30pm (Virtnal)		Playoff Committee Meeting 10:00am Section Office		SJS Traditional Competitive Cheer Invitational
	SPRING SPORTS DEAD PERIOD BEGINS	League Commissioners Meeting #2				S)
14	15	16	17	18	19	20
Week 30			AD TIER II #3 Workshop	Executive Committee Meeting Section Office - 10 a.m.		Wrestling Team Duals NorCal CompCheer
			Last Day for Team Wrestling Duals			Invitational
21	22	23	24	25	26	27
Week 31	Economic Viability Committee Meeting (Virtual)	CIF SJS Board of Managers				
	Baseball/Softball First Day of Practice					
28	29	30	31			

		FEBI	FEBRUARY 2024	2024		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 31					Winter Academic Champions Due	Last Day For Individual Wrestling
				· CIF State Fed	CIF State Federated Council	
				T	7	σ
Week 32	SPRING SPORTS PRACTICE STARTS (except for Baseball and Softball)	Soccer Last Contest Day	Soccer Seeding		Boys Soccer Playoffs Basketball - Last Contest Date Girls Wrestling - Regionals Ind. Wrestling - Divisionals	Girls Soccer Playoffs Basketball - Seeding Meeting Girls Wrestling - Regionals Ind. Wrestling - Divisionals
4	5	6	7	8	9	10
Week 33	Girls Basketball - Playoffs	Boys Basketball - Playoffs Girls Basketball - Playoffs	Boys Basketball - Playoffs Girls Soccer - Playoffs	Boys Soccer - Playoffs Girls Basketball - Playoffs	Boys Basketball - Playoffs Girls Soccer - Playoffs (D1-D4) Spring Sports First Scrimmage Date	Boys Soccer - Playoffs (D1-D4) Boys & Girls Soccer Finals (D5-D6)
					Wresting Masters	Masters
11	12	13	14	15	16	17
Week 34	PRESIDENT'S DAY *Holiday Observed at Christmas	Girls Basketball Playoffs	Boys Basketball - Playoffs		Basketball Finals	ll Finals
		SOCCER	CER FINALS (D1-D4)		Spring Sports First Contest Date	
	1				CIF STATE WRESTLING	
18	19	20	21	22	23	24
Week 35	Boys Volleyball Foundation Games					
			NorCal Basketball			
		NorCal Soccer		NorCal Soccer		
25	26	27	28	29		

		MA	<b>1ARCH 2024</b>	024		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 35					-	NorCal Soccer Championships
Week 36		BOM Items Due		BOM MATERIALS OUT		
		NorCal Basketball Finals	New AD Workshop #6		STATE BASKETBALL	KETBALL
3	4	5	6	7	8	6
Week 37		State Commissioners Committee	ners Committee		Superintendent Advisory	
					Intectung 10:00am (Section Office)	
10	11	12	13	14	15	16
Week 38	Presidents Advisory Council Meeting 1:30pm (Virtual)	League Commissioners Meeting Section Office - 10 a.m.		Executive Committee Meeting Section Office - 10 a.m or 3/28/24.		
17	18	19	20	21	22	23
Week 39	Economic Viability Committee Meeting (Virtual)			Executive Committee Meeting Section Office - 10 a.m. or 3/21/24	Good Friday/Easter SJS Office Closed	
24	25	26	27	28	29	30
EASTER						
31						

		AJ	APRIL 2024	24		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 40	Cesar Chavez Day* Holiday Observed at Christmas	CIF SJS Board of Managers		CIF State Federated Council	rrated Council	
	SJS Office Closed					
	1	2	3	4	S	9
Week 41						
					CSADA Conference	
7	8	6	10	11	12	13
Week 42						Last Contest Date for
98.						Live and Swim
14	15	16	17	18	. 19	20
Week 43		Last Contest Date	Stunt Seeding	Stunt Playoffs	Girls Diving Trials/Finals Last Contest Day for	Stunt Playoffs Boys Diving Trials/Finals
		NINC IOI		Last Contest Day for Girls D7 Soccer, Co-ed/Boys Team Tennis, and Boys Volleyball	Induvidual retruts Seeding for: Boys Volleyball D7 Girls Soccer Co-ed/Boys Team Tennis	Last Contest Day for Lacrosse
21	22	23	24	25	26	27
Week 44		Girls Soccer Playoffs D7				
		DALE LACKY SCHOLARSHIP & MODEL COACH BREAKFAST AWARDS				
28	29	30				

		N	MAY 2024	4		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 44	r.		Last Day for Boys Golf	Girls Swimming Trials Boys Volleyball Playoffs Boys/Coed Team Tennis Playoffs Girls Soccer Playoffs D7 2	Spring Academic Champions Due Swimming Trials Last Contest Day for Baseball & Badminton 3	Swimming Finals Baseball Seeding Girls Soccer Finals D7 Last Contest Date for Track & Field 4
Week 45	Boys Divisional Golf		DIVISIONAL TRACK	AL TRACK		
υ	Q	Baseball Playoffs Boys Volleyball Playoffs Boys/Coed Team Tennis Playoffs 7	Baseball Playoffs	Baseball Playoffs Playoff Committee Meeting 10:00am Section Office Last Contest Day for Softball Boys/Coed Team Tennis Playoffs 9	Softball Seeding	Badminton Playoffs Boys Volleyball Finals Boys/Coed Team Tennis Finals 11
Week 46	BOYS MASTERS GOLF	Softball Playoffs	BASEBALL PLAYOFFS	PLAYOFFS	A MASTERS TRACK MEET	ACK MEET
	Baseball Playoffs Boys/Coed Individ	iseball Playoffs Boys/Coed Individual Tennis Playoffs		Executive Committee Mtg. (Tentative)		Softball Playoffs + D5-7 Finals
12	13	NorCal Boys Volleyball	15	Softball Playoffs NorCal Boys Volleyball 16	NorCal Boys Tennis	NorCal Boys Tennis, Boys Volleyball, Badminton 18
Week 47	×		Basebal	l Baseball Finals		
		Softball Playoffs			Softball Finals	Finals
	NorCal Golf				STATE TRACK MEET	ICK MEET
19	20	21	22	23	24	25
Week 48	MEMORIAL DAY SJS Office Closed		BOYS STATE GOLF			
		Norcal Baseball Norcal Softball		Norcal Baseball Norcal Softball		
26	27	28	29	30	31	

		JŢ	<b>JUNE 2024</b>	24		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 48						Norcal Baseball Finals Norcal Softball Finals
Week 49		State C	State Commissioners Committee	nittee		
2	ŝ	4	υ	و ا	~	∞
Week 50	BOM MATERIALS OUT	RIALS OUT		Executive Committee Meeting Section Office - 10 a.m.		
6	10	11	12	13	14	15
Week 51	Economic Viability Committee Mtg (Virtual)	SJS Board of Managers Meeting (via Zoom)	JUNETEETH * Holiday Observed at Later Date			
16	17	18	19	20	21	22
Week 52 73	40	ΥC	96	C	NFHS SUMMER CONFERENCE	DNFERENCE 29
30						

			JULY 2024	4		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NFHS	NFHS SUMMER CONFERENCE	ENCE		INDEPENDENCE DAY SJS Office Closed	SJS Office Closed	
30	1	2	3	4	5	9
	Football Preseason Dead Period Begins			-		
7	8	9	10	11	12	13
	Fall Sports Dead Period Begins (except for football and water polo)					
14	15	16	17	18	19	20
21	22	23	24	25	26	27
ő	FOOTBALL PRACTICE STARTS Water Polo Dead Period Begins	90 70	21			
			10			



### The NFHS Voice



### Emergency Planning, AEDs Saving Lives in Nation's High Schools

#### Dr. Karissa L. Niehoff, NFHS Chief Executive Officer

💙 @KarissaNFHS

On January 2, millions of people held their collective breaths as Buffalo Bills' defensive back Damar Hamlin dropped to the ground in a Monday Night Football game on national television.

A victim of cardiac arrest, medical professionals rushed to his aid to enact a well-thought-out Emergency Action Plan (EAP). Cardiopulmonary resuscitation (CPR) and an Automated External Defibrillator (AED) were utilized, and Hamlin was quickly taken by ambulance to an area hospital in Cincinnati.

While there were some tense moments in the days to follow, Hamlin recovered and continues to make progress toward a potential return to the NFL. The quick enactment of the EAP, along with CPR and use of the AED, saved Hamlin's life. We are pleased to share that there have been some equally heroic moments recently at the high school level.

In late January in Gatlinburg, Tennessee, a Gatlinburg-Pittman girls basketball player, Kendl Reagan, collapsed during a game against Union County High School. Like the more publicized pro football game, quick enactment of the EAP and use of an AED saved Reagan's life.

Colton Jenkins of Covenant Health, who serves as the school's athletic trainer, started CPR and activated the AED. Once Reagan was stabilized and her pulse regained, she was taken by helicopter to Children's Hospital in Knoxville and has since been cleared by a cardiologist. Following the incident, Jenkins offered the following thoughts:

"Tomorrow is not promised, let alone how it is going to turn out. Always have a plan in place in case that *'it can't happen here'* scenario hits. When you have a plan, know your part and practice it. Never underestimate training and mental repetition, because if you have not mentally made up your mind that you will do a hard task like CPR, you might freeze when it becomes reality."

In early February, one of the officials working the girls basketball game in Argyle, New York, between Argyle-Fort Edward High School and Whitehall High School collapsed on the court. Thanks to a visiting EMT from Whitehall, a nurse from Argyle and an AED located about 20 seconds away in the school hallway, the official's life was saved.

Boyd Hunt, the Whitehall girls basketball coach, was the first to the referee's side. Hunt helped with chest compressions before the AED was utilized.

"As much as people dread all the trainings that we do, that's the reason we do this," Hunt told Pete Tobey in an article in the Glens Falls (New York) *Post-Star* 

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newspaper. "We all worked very coordinated to save his life. That's what you're hoping to do when you do the training."

About this time a year ago, Ashley Cowan, athletic trainer at Bear Creek High School in Lakewood, Colorado, responded to a crisis. Near the end of the first quarter of a Bear Creek-Heritage girls basketball game, an official collapsed on the court due to a malfunction of his pacemaker.

Suddenly faced with a life-threatening situation, Cowan immediately rushed to the official's aid as he gasped for air and his condition quickly worsened. With help from Jill Wapelhorsts, a Heritage parent who works as a respiratory therapist, Cowan instructed Bear Creek athletic director Zach Morris to call an ambulance and had a student run to get the school's AED. After a shock was delivered, the pair continued to administer CPR until the official was once again alert and breathing. Another life was saved.

These case examples show that AEDs – in concert with CPR and implementation of a previously designed Emergency Action Plan – can save a person's life.

The NFHS kick-started a nationwide effort several years ago to make sure every school has an AED. Through its NFHS Foundation, the NFHS distributed almost 1,200 units to schools and state association offices in 2018 and 2019. Since then, schools have ordered more than 1,000 additional units from the distributor.

Schools must have an AED – preferably more than one unit – in high-traffic areas and near athletic competition. Every school needs to have a working AED on the property – and staff members need to be trained in use of the machine.

However, the first step is to establish – and regularly practice – an Emergency Action Plan. The best-case scenario is for a school to employ a certified athletic trainer to establish and carry out the EAP. In some settings, this

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task may fall to a coach, athletic administrator or other school personnel. Following are some resources from the NFHS to help in implementing an EAP:

NFHS High School Today Article (January 2022) – <u>"Emergency Action Plans:</u> <u>Practice Makes Perfect"</u>

Anyone Can Save a Life – Emergency Action Planning Program

NFHS <u>"The Collapsed Athlete" Online Course</u> from NFHSLearn

School administrators, athletic directors, coaches, parents and students should also be made aware of the following resources from the National Athletic Trainer's Association (NATA) and the Korey Stringer Institute (KSI):

NATA Position Statement: "Emergency Planning in Athletics" KSI: "Emergency Action Plans"

Throughout its 103-year history, minimizing the risk of injury in high school sports and activities has been one of the most important roles of the NFHS. With more than 7.6 million participants in high school sports, we know that injuries will occur; however, we also know that lives can be saved if plans are in place to handle times of crisis.

Dr. Karissa L. Niehoff is in her fifth year as chief executive officer of the National Federation of State High School Associations (NFHS) in Indianapolis, Indiana. She is the first female to head the national leadership organization for high school athletics and performing arts activities and the sixth full-time executive director of the NFHS. She previously was executive director of the Connecticut Association of Schools-Connecticut Interscholastic Athletic Conference for seven years.



### The NFHS Voice

### True Fans Unite to Promote Positive Behavior in High School Sports

#### Dr. Karissa L. Niehoff, NFHS Chief Executive Officer

🗾 @KarissaNFHS

Attention, high school sports fans!

Not those of you who are disrespectful, volatile and even violent at athletic events. No, we're talking to parents and fans who behave appropriately and understand the true purpose of high school sports.

This message is for you, but we hope all will listen.

First off, we want to *thank you*: For not yelling at the officials every time you don't like a call. For not ruining high school sports for your child by making it all about you. For not contributing to the bad fan behavior epidemic that is putting high school sports at risk.

In other words, thank you for setting a positive example of what a *true* high school sports fan looks like.

Like you, we're tired of seeing games canceled because of brawls in the stands. We're tired of entitled fans who think they can say and do anything they want. We're tired of high school athletic events being clouded by negativity, immaturity and aggressive behavior.

Let's not let a few bad apples spoil the bunch. They may be a loud minority, but let's make sure our actions speak louder.

**Consider this your rallying cry**—to continue setting the tone for your school community, to continue being role models and positive behavior trailblazers, to continue being part of the solution and not part of the problem.

For those of us who just want to watch our kids play and grow, there's strength in numbers. It's time to stand up and say enough is enough. It's time to proclaim what our schools stand for—and what they won't. It's time to protect high school sports!

- *Let's unite* to restore civility in our schools and make it clear we will not accept bad behavior as the norm.
- Let's join together to represent the values, standards and life lessons that high school sports teach like integrity, respect and empathy.
- Let's preserve the environment where our students learn, grow and compete. When bad fan behavior rears its ugly head in our schools and games are canceled, everyone loses – *especially our students*.

## The bottom line: This is about character. The way we behave at high school athletic events says a lot about who we are.

Ready to stand together? The NFHS has partnered with state high school associations across the country to promote the #BenchBadBehavior campaign.

Visit **BenchBadBehavior.com** to get free resources like social media posts, videos, flyers and more to help set the tone for your school community. Together, we can urge everyone to #BenchBadBehavior at high school athletic events for good!

Dr. Karissa L. Niehoff is in her fifth year as chief executive officer of the National Federation of State High School Associations (NFHS) in Indianapolis, Indiana. She is the first female to head the national leadership organization for high school athletics and performing arts activities and the sixth full-time executive director of the NFHS. She previously was executive director of the Connecticut Association of Schools-Connecticut Interscholastic Athletic Conference for seven years.



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

#### **NEWS RELEASE**

#### NFHS, Other Sports Leaders to Address Officials Shortage at Second NFHS Officials Consortium

#### FOR IMMEDIATE RELEASE

Contact: Dana Pappas

INDIANAPOLIS, IN (March 13, 2023) — More than 75 leaders from about 50 sports organizations will converge in downtown Indianapolis January 26-28 during the NFHS Officials Consortium 2.0 at the Conrad Hotel to continue tackling a nationwide shortage of sports officials.

This second consortium serves as a follow-up to the first NFHS Officials Consortium held last April when a similar group of leaders came together to discuss practical solutions.

"It is an honor to continue to collaborate with sports organizations and entities from across the country and at all levels of sport to work together to recruit and retain officials, and to make the sport atmosphere better for all involved.," said Dana Pappas, NFHS director of officiating services. "We are bringing some new players to Consortium 2.0 to help us spread our message so we can develop a consistent vocabulary within the sport environment with regard to behavioral expectations from youth sports to high school sports and beyond."

Leaders attending the Consortium – who come from the youth, high school, collegiate and professional levels of sport – plan to discuss additional practical solutions and the application of those solutions to the sport landscape with the intent of providing a better atmosphere for not only officials, but players, coaches, parents and spectators as well.

"When Dana Pappas hosted the first NFHS Officials Consortium last year, it was made loud and clear that we need to do something about behavior," said Dr. Karissa Niehoff, CEO of the NFHS during a <u>Media Availability Session</u> on January 17. "Since then, the NFHS has launched a #BenchBadBehavior campaign. It's designed to be edgy and it's designed to be a clear and direct toolkit that is available at <u>www.benchbadbehavior.com</u>."

"We dedicated time to really develop potential solutions for different organizations to use because we understand within the NFHS family that we've got to go bigger and broader than just our state associations because there's so much overlap with officials," Pappas said of the first Officials Consortium during the Media Availability Session. "Now what we're doing is taking those recruitment and retention strategies, and meeting with state association leaders with National Governing Body (NGB) leaders to really talk about how to implement some of the ideas that came out of the first Consortium.

"As a result of all of this has been collaboration, and we are seeing a little bit of an upward trend in the number of officials. But that doesn't mean that our efforts stop. That means we have to work harder, and we have to accelerate more by keeping our foot on the gas."

Retired NFL referee **Gene Steratore** serves as the Consortium's keynote speaker on Thursday. Steratore, who officiated his first NFL game in 2003 and first NCAA Division I men's basketball game in 1997 before retiring from both in 2018, currently serves as a rules analyst during CBS's coverage of the NFL, Southeastern Conference (SEC) football and the NCAA's Division I men's basketball tournament. Wearing uniform number 114, Steratore was assigned as the alternate referee for Super Bowl XLIV in Miami when the New Orleans Saints defeated the Indianapolis Colts, 31-17, and the referee for Super Bowl LII in Minnesota when the Philadelphia Eagles defeated the New England Patriots, 41-33. Steratore and his older brother, Tony, are co-owners of Steratore Sanitary Supply in Washington, Pennsylvania.

Other speakers at the Consortium include representatives from the Amateur Athletic Union (AAU), Bose Public Affairs Group, National Collegiate Athletic Association (NCAA), National Association of Intercollegiate Athletics (NAIA), National Association of Interscholastic Athletic Administrators Association (NIAAA), National Association of Sports Officials (NASO)/Referee Enterprises (REI), National Intramural and Recreational Sports Association (NIRSA), Officially Human, Offside, The Pictor Group,

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various coaches associations, state associations and national governing bodies for Olympic sports – all of which have expressed an interest in coming together to address the growing shortage of officials.

"We are hoping to see results in terms of how officials are treated at events by spectators and in terms of the overall tenor about officials in the media and on social media," Pappas said. "As we continue these conversations, we have to take the approach that this is a marathon and not a sprint. We are in it for the long haul."

At the conclusion of the Consortium 2.0, the NFHS intends to communicate different ways that schools, state associations and other sport organizations can work to provide a better atmosphere for sports participants while restoring the health of the officiating pipeline.

For more information on how to become a high school official, please visit

www.HighSchoolOfficials.com.

This press release was written by Luke Modrovsky, coordinator of publications and communications at the National Federation of State High School Associations (NFHS).

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#### About the National Federation of State High School Associations (NFHS)

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and performing arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and performing arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 17 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including more than 7.6 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; offers online publications and services for high school coaches and officials; sponsors professional organizations for high school coaches, officials, speech and debate coaches, and music adjudicators; serves as the national source for interscholastic coach training; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS website at <u>www.nfhs.org</u>.

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